





ITINERARY TIMETABLE

KM		STAGE 3		TIMETABLE			
To be run	Run			Caravan	46kph	44kph	42kph
SPAIN							
BISCAYE							
		VC	AMOREBIETA-ETXANO (VC-BI-635-N634) 	11:00	13:00	13:00	13:00
187.4	0	N-634	AMOREBIETA-ETXANO 	11:15	13:15	13:15	13:15
185.7	1.7		Berna Auzoa	11:17	13:17	13:17	13:17
184.5	2.9		Arriandi (IURRETA)	11:19	13:19	13:19	13:19
183	4.4		Mallabiena (IURRETA) (N-634-VC)	11:21	13:21	13:21	13:21
182.1	5.3	VC	DURANGO (VC-BI3333)	11:23	13:22	13:22	13:23
181.1	6.3	BI-3333	Cross level	11:24	13:23	13:24	13:24
179.9	7.5		ABADIÑO (BI-3333-N-634-BI-633)	11:26	13:25	13:25	13:26
173.6	13.8	BI-633	Côte de Trabakua 	11:35	13:33	13:34	13:35
162.7	24.7		MARKINA-XEMEIN (near)	11:50	13:47	13:49	13:50
161.3	26.1		Garbigunea	11:52	13:49	13:51	13:52
157.5	29.9		Crossroad BI-633-BI-2405	11:58	13:54	13:56	13:58
154.6	32.8	BI-2405	Côte de Milloi 	12:02	13:58	14:00	14:02
154.6	32.8		Merelludi (BERRIATUA)	12:02	13:58	14:00	14:02
153	34.4		Aierdi (BERRIATUA)	12:04	14:00	14:02	14:04
149.5	37.9		Olate-Ugaran (AMOROTO)	12:09	14:04	14:07	14:09
147.8	39.6		Arropai (ISPASTER)	12:12	14:07	14:09	14:12
147.3	40.1		LEKEITIO (BI-2405-VC-BI-3438)	12:12	14:07	14:10	14:12
144.9	42.5	BI-3438	Likona (MENDEXA)	12:16	14:10	14:13	14:16
140.8	46.6		Karraspio (MENDEXA)	12:21	14:16	14:18	14:21
136.1	51.3		Asterrika (BERRIATUA) (near)	12:28	14:22	14:25	14:28
133.6	53.8	GI-3438	ONDARROA (BI-3438-VC-GI-638)	12:32	14:25	14:28	14:32
128.4	59	GI-638	MUTRIKU	12:39	14:32	14:35	14:39
123.2	64.2		Crossroad GI-638-N-634	12:47	14:39	14:42	14:47
122.4	65	N-634	DEBA (entry)	12:48	14:40	14:44	14:48
121.6	65.8		DEBA 	12:49	14:41	14:45	14:49
116.5	70.9		Col d'Itziar 	12:56	14:47	14:52	14:56
109.2	78.2		Arroa Bekoa (ZESTOA)	13:07	14:57	15:02	15:07
107.3	80.1		ZUMAIA	13:09	14:59	15:04	15:09
101	86.4		GETARIA	13:18	15:08	15:13	15:18
97.4	90		ZARAUTZ	13:23	15:12	15:18	15:23

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.8km

CATEGORISED CLIMBS AND SUMMIT FINISHES

-  **km 13.8 - Côte de Trabakua**
Climb of 4.1km at 5.4%
-  **km 32.8 - Côte de Milloi**
Climb of 2.3km at 4.5%
-  **km 70.9 - Col d'Itziar**
Climb of 5.1km at 4.6%
-  **km 102 - Côte d'Orioko Benta**
Climb of 4.6km at 6.3%

RELAIS-ÉTAPE

Car park of the Chantaco gym
64500 Saint-Jean-de-Luz
Km 148.6

ROUTE FOR NON-RACE VEHICLES


Exit from the off-course (hors course) parking zone (don't go on to the race route). Leave on Jauregibarria etorbidea, then take Ibaizabal kalea, Gudari kalea, Ixerango kalea, San Pedro kalea and then the AP-8 towards France (Bayonne) via junction 100. Once in France, leave the A63 at exit 6 (Bayonne/Saint-Esprit), then at the Grand Basque roundabout take Rue du Moulin de Castéra, Avenue du Maréchal Juin, Boulevard Alsace Lorraine, the Saint-Esprit bridge, Allées Boufflers, Rue de Ravignan, Rue des Lisses, Rue Pelletier, Allée des Platanes and Rue du Bastion Royal.

Follow the signposting to the different car parks.

Total distance: 139km



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KM		STAGE 3		TIMETABLE			
To be run	Run			Caravan	46kph	44kph	42kph
91.7	95.7		Arratola Aldea (AIA)	13:32	15:20	15:25	15:32
91.5	95.9		ORIO (N-634-VC)	13:32	15:20	15:26	15:32
85.4	102	VC	Côte d'Orioko Benta 	13:41	15:28	15:34	15:41
84.7	102.7		IGELDO	13:42	15:29	15:35	15:42
77.5	109.9		DONOSTIA SAN SEBASTIAN	13:52	15:38	15:45	15:52
67.4	120		PASAIA	14:06	15:51	15:59	16:06
67.1	120.3		ERRETERIA (VC-GI-636)	14:07	15:52	15:59	16:07
65.9	121.5	GI-636	LEZO (near)	14:09	15:53	16:01	16:09
63.8	123.6		OIARTZUN (near)	14:12	15:56	16:04	16:12
60.5	126.9		COL DE GAINTXURIZKETA	14:16	16:00	16:08	16:16
58.6	128.8		IRUN (GI-636-GI-2134-VC)	14:19	16:03	16:11	16:19
FRANCE							
PYRÉNÉES-ATLANTIQUES (64)							
53.3	134.1		HENDAYE (D912-VC-D912-D358-VC)	14:27	16:10	16:18	16:27
41.5	145.9	VC	URRUGNE (VC-D658-D810)	14:43	16:25	16:34	16:43
36.5	150.9	D810	SAINT-JEAN-DE-LUZ (D810-D918)	14:50	16:32	16:41	16:50
31.1	156.3	D918	ASCAIN	14:58	16:39	16:48	16:58
28.8	158.6		Helbarron	15:01	16:42	16:51	17:01
24.9	162.5		SAINT-PÉE-SUR-NIVELLE (D918-D3)	15:07	16:47	16:57	17:07
13.4	174	D3	Arrauntz (USTARITZ) (D3-D350-D932)	15:23	17:02	17:12	17:23
5	182.4	D932	BAYONNE (D932-D810)	15:36	17:13	17:24	17:36
0	187.4	D810	BAYONNE 	15:43	17:19	17:31	17:43

187.4KM

BAYONNE

AMOREBIETA-ETXANO

MONDAY 3 JULY

STAGE 3

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