

ITINERARY TIMETABLE

KM		STAGE 4		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
ALPES-DE-HAUTE-PROVENCE (04)							
		VC	SISTERON (VC-D4085-D948)	11:40	13:25	13:25	13:25
160.5	0	D948	SISTERON	11:45	13:30	13:30	13:30
HAUTES-ALPES (05)							
155	5.5		Ribiers (VAL BUËCH-MÉOUGE)	11:53	13:37	13:37	13:38
148	12.5		Crossroad D948-D942	12:03	13:46	13:47	13:48
143.5	17	D942	LARAGNE-MONTÉGLIN (D942-D1075)	12:10	13:52	13:54	13:55
139	21.5	D1075	Cross level n°54	12:16	13:58	14:00	14:01
137.5	23		Eyguians (GARDE-COLOMBE)	12:18	14:00	14:02	14:03
132.5	28		MONTROND	12:26	14:07	14:09	14:11
129	31.5		Cross level n°51	12:31	14:12	14:14	14:16
127.5	33		SERRES	12:33	14:13	14:15	14:18
127	33.5		Cross level n°50	12:34	14:15	14:17	14:19
123.5	37		Pont-la-Barque (SIGOTTIER, LA BÂTIE-MONTSALÉON) (D1075-D994)	12:38	14:19	14:21	14:23
122.5	38	D994	La Garenne (LA BÂTIE-MONTSALÉON)	12:40	14:20	14:22	14:25
120	40.5		Le Comte (LA BÂTIE-MONTSALÉON)	12:44	14:24	14:26	14:29
118.5	42		Pont de Chabestan (CHABESTAN)	12:46	14:25	14:28	14:31
111.5	49		VEYNES (entry)	12:56	14:35	14:38	14:41
109	51.5		VEYNES	13:00	14:38	14:41	14:45
106.5	54		Crossroad D994-D937	13:03	14:41	14:45	14:48
106	54.5	D937	MONTMAUR	13:04	14:42	14:45	14:49
100	60.5		Tunnel de Potrachon	13:14	14:51	14:55	14:59
93.5	67		Les Garcins (DÉVOLUY)	13:30	15:05	15:10	15:15
93	67.5		Col du Festre	13:32	15:07	15:12	15:17
90.5	70		Crossroad D937-D17	13:35	15:09	15:15	15:20
87.5	73	D17	Col de Rioupes (DÉVOLUY)	13:40	15:13	15:19	15:25
86	74.5		Rioupes (DÉVOLUY)	13:42	15:15	15:21	15:27
83.5	77		Crossroad D17-D117	13:45	15:18	15:24	15:30
83	77.5	D117	Giers-Le Courtil (DÉVOLUY)	13:46	15:19	15:25	15:31
79	81.5		Saint-Disdier (DÉVOLUY) (D117-D937)	13:52	15:25	15:30	15:37
76.5	84	D937	Tunnel de la Beaume	13:55	15:27	15:33	15:40
ISÈRE (38)							
76	84.5	D537	Pont de la Beaume (MONESTIER-D'AMBEL)	13:56	15:28	15:34	15:41
72	88.5		La Posterle (PELLAFOL)	14:01	15:33	15:39	15:46
69.5	91		Les Payas (PELLAFOL)	14:05	15:37	15:43	15:50
67	93.5		Le Sautet (PELLAFOL)	14:09	15:40	15:46	15:54
66.5	94		Barrage du Sautet	14:09	15:40	15:47	15:54
63	97.5		Côte de Corps	14:16	15:46	15:53	16:01
63	97.5		CORPS (D537-N85)	14:16	15:46	15:53	16:01
HAUTES-ALPES (05)							
57.5	103	N85	Le Motty (ASPRES-LÈS-CORPS)	14:23	15:53	16:00	16:08
56	104.5		La Trinité (SAINT-FIRMIN)	14:25	15:55	16:02	16:10
50	110.5		Chauffayer (AUBESSAGNE)	14:34	16:03	16:11	16:19
46.5	114		La Guinguette (LE NOYER)	14:39	16:08	16:15	16:24
43	117.5		Les Basses Barraques (POLIGNY)	14:45	16:12	16:21	16:30
38.5	122		LA FARE-EN-CHAMPSAUR-Les Barraques (N85-D945)	14:51	16:18	16:27	16:36
38	122.5	D945	SAINT-BONNET-EN-CHAMPSAUR (D945-D23-VC-D43)	14:52	16:19	16:28	16:37
35	125.5	D43	Côte de l'Aullagnier	15:00	16:26	16:35	16:45
35	125.5		L'Aullagnier	15:00	16:26	16:35	16:45
33	127.5		Le Chanet (SAINT-JULIEN-EN-CHAMPSAUR)	15:02	16:28	16:37	16:47
31	129.5		Chantassel (SAINT-JULIEN-EN-CHAMPSAUR)	15:05	16:30	16:40	16:50
30	130.5		Les Combettes (SAINT-JULIEN-EN-CHAMPSAUR)	15:06	16:32	16:41	16:51
28	132.5		La Villette (SAINT-MICHEL-DE-CHAILLOL)	15:09	16:34	16:43	16:54
25	135.5		CHABOTTES-Le Village (D43-D43 A)	15:12	16:37	16:47	16:57
23	137.5	D43 A	Crossroad D43 A-D945	15:15	16:40	16:49	17:00

DISTANCE FROM NEUTRALISED TO OFFICIAL START

2.5km

CATEGORISED CLIMBS

- Km 67.5 - Col du Festre**
Climb of 7.6km at 5.3%
- Km 97.5 - Côte de Corps**
Climb of 2.2km at 6.3%
- Km 125.5 - Côte de l'Aullagnier**
Climb of 3km at 6.4%
- Km 141.5**
Côte de Saint-Léger-les-Mélèzes
Climb of 2.8km at 6.8%
- Km 160.5 - ORCIÈRES-MERLETTE**
Climb of 7.1km at 6.7%

RELAIS-ÉTAPE

Stade, route des Chabottes,
05260 Chabottes
Km 138

ROUTE FOR

NON-RACE VEHICLES




Exit point after 1.1km on the neutralised race route (crossroads D4085-D948). Continue on the D4085 towards Gap. Take the A51 towards Gap (junction 23 «Sisteron-Nord»). After the La Saulce toll, keep heading to Gap on the N85. At Gap, remain on the N85 (Avenue Jean Jaurès, Boulevard Georges Pompidou, Boulevard Pierre et Marie Curie, Avenue du Commandant Dumont) heading for Grenoble. On the climb of the Col Bayard (N85), go right on the D944 towards Orcières Merlette. Cross the race route at Chabottes La Haute Plaine (crossroads D944-D113). Don't cross the race route until instructed by police officers, making sure to avoid periods when the caravan and the race are passing. Continue on the D944 to Orcières Merlette.

Entry point onto the race route:

Crossroads D944-D13 at Pont-du-Fossé, 15.5km from the finish line
Total distance: 90km

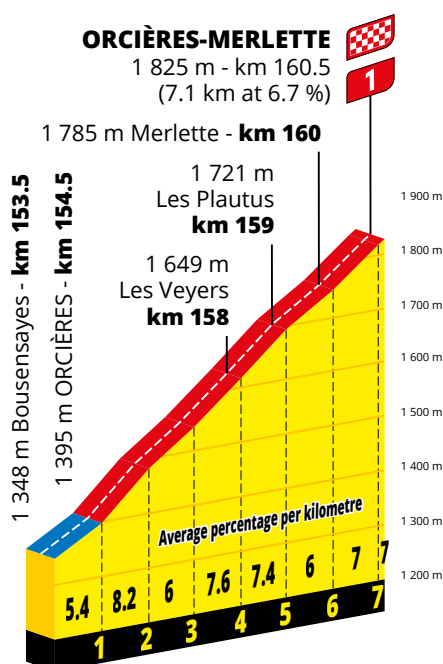


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To be run	Run			Caravan	42 kph	40 kph	38 kph
22.5	138	D945	CHABOTTES-La Haute Plaine (D945-VC-D113)	15:15	16:40	16:50	17:00
19	141.5	D113	SAINT-LÉGER-LES-MÉLÈZES (D113-D13)	15:22	16:46	16:56	17:07
19	141.5		Côte de Saint-Léger-les-Mélèzes 	15:23	16:47	16:57	17:08
17	143.5	D13	Les Forests	15:25	16:49	16:59	17:10
16.5	144		Les Arieys (SAINT-JEAN-SAINT-NICOLAS)	15:26	16:49	16:59	17:11
15.5	145		Pont-du-Fossé (SAINT-JEAN-SAINT-NICOLAS) (D13-D944)	15:27	16:51	17:01	17:12
14.5	146	D944	Les Foulons (SAINT-JEAN-SAINT-NICOLAS)	15:28	16:52	17:02	17:13
13.5	147		Le Villaret (SAINT-JEAN-SAINT-NICOLAS)	15:30	16:53	17:04	17:15
11	149.5		Pont de Corbière (CHAMPOLÉON)	15:33	16:56	17:07	17:18
10.5	150		Les Garnauds (CHAMPOLÉON)	15:35	16:58	17:08	17:20
10	150.5		Laye (CHAMPOLÉON)	15:36	16:58	17:09	17:21
7	153.5		Bousensayes	15:40	17:02	17:13	17:25
6	154.5		ORCIÈRES (D944-D76)	15:42	17:04	17:15	17:27
2.5	158	D76	Les Veyers	15:52	17:12	17:24	17:37
1.5	159		Les Plautus	15:55	17:15	17:27	17:40
0.5	160		Merlette	15:57	17:17	17:29	17:42
0	160.5		ORCIÈRES-MERLETTE (1 825 m)  	15:59	17:19	17:31	17:44

PARTICULAR PROFILE

ORCIÈRES-MERLETTE



 From 3 to 5.9%

 From 6 to 8.9%