

ITINERARY TIMETABLE

KM		STAGE 2		TIMETABLE			
To be run	Run			Caravan	41kph	39kph	37kph
ALPES-MARITIMES (06)							
			NICE (VC-M6202) NEUTRALISED START 	11:15	13:00	13:00	13:00
		M6202	Les Baraques (M6202-M6202 BIS)				
186	0	M6202 BIS	NICE RACE START 	11:35	13:20	13:20	13:20
178	8		CARROS (near)	11:46	13:30	13:30	13:31
171.5	14.5		Crossroad M6202 BIS-M901	11:55	13:38	13:39	13:40
170	16	M901	Lac du Broc (LE BROC) 	11:57	13:40	13:41	13:42
170	16		Pont Louis Nucéra (LE BROC)	11:57	13:40	13:41	13:42
168.5	17.5		Le Pont Charles Albert (GILETTE)	11:59	13:42	13:43	13:44
168	18		Cross level n°658	12:00	13:42	13:43	13:45
168	18		Baus Roux (LA ROQUETTE-SUR-VAR) (M901-M6202)	12:00	13:42	13:43	13:45
166	20	M6202	Le Plan-du-Var (LEVENS)	12:02	13:45	13:46	13:47
164.5	21.5		Le Chaudan (UTELLE)	12:05	13:47	13:48	13:50
163.5	22.5		Tunnel du Chaudan	12:06	13:48	13:50	13:51
162	24		Tunnel de la Gare de la Tinée	12:08	13:50	13:52	13:53
161	25		Tunnel du Rocastron	12:10	13:52	13:53	13:55
158.5	27.5		Crossroad M6202-M2205	12:13	13:55	13:56	13:58
158.5	27.5	M2205	Tunnels de la Mescla	12:13	13:55	13:56	13:58
156.5	29.5		La Courbaisse (TOURNEFORT)	12:16	13:57	13:59	14:01
150.5	35.5		Roussillon-La Condamine (LA TOUR-SUR-TINÉE)	12:24	14:05	14:07	14:09
149	37		Pont de Clans (CLANS)	12:26	14:07	14:09	14:11
146	40		Bancairon (CLANS)	12:30	14:11	14:13	14:15
145	41		Viaduc de Bancairon (CLANS, BAIROLS)	12:32	14:12	14:14	14:17
142.5	43.5		Viaduc de Saint-Ferréol (ILONSE)	12:36	14:15	14:18	14:21
141.5	44.5		MARIE-Gare	12:37	14:17	14:19	14:22
140.5	45.5		La Bollinette (MARIE)	12:38	14:18	14:20	14:23
139	47		Tunnel de Rimplas-Gare	12:40	14:20	14:22	14:25
139	47		RIMPLAS-Gare (M2205-M2565)	12:41	14:20	14:23	14:26
135.5	50.5	M2565	Le Planet-Les Vignes (VALDEBLORE)	12:50	14:28	14:31	14:35
130.5	55.5		La Bolline (VALDEBLORE)	13:04	14:39	14:44	14:49
129	57		La Roche (VALDEBLORE)	13:08	14:43	14:48	14:53
126.5	59.5		Saint-Dalmas (VALDEBLORE)	13:16	14:50	14:55	15:01
122.5	63.5		Col de la Colmiane (1 500 m) 	13:27	14:59	15:05	15:12
121	65		Tunnels de la Colmiane (VALDEBLORE)	13:29	15:00	15:07	15:14
120	66		Belvédère de la Pausa	13:30	15:02	15:08	15:15
115.5	70.5		SAINT-MARTIN-VÉSUBIE	13:35	15:07	15:13	15:20
112	74		Saint-Bernard	13:39	15:10	15:16	15:24
111.5	74.5		Nantelle	13:39	15:11	15:17	15:24
110.5	75.5		Les Châtaigniers	13:41	15:12	15:18	15:26
107.5	78.5		Chalet Forneri	13:44	15:15	15:21	15:29
106	80		ROQUEBILLIÈRE (M2565-M69-M2565)	13:46	15:16	15:23	15:31
101.5	84.5		Quartier Boutas (M2565-M70)	13:51	15:21	15:28	15:36
98.5	87.5	M70	LA BOLLÈNE-VÉSUBIE	13:59	15:28	15:35	15:44
97	89		Aire Saint-Honorat	14:03	15:32	15:39	15:48
95	91		Aire Sainte-Élisabeth	14:10	15:37	15:45	15:55
89.5	96.5		Le Pra d'Alart	14:27	15:51	16:01	16:12
86.5	99.5		Col de Turini (1 607 m) (M70-D68-D2566) 	14:36	15:59	16:09	16:21
81	105	D2566	La Mairis (LANTOSQUE)	14:41	16:04	16:14	16:26
79.5	106.5		Peira-Cava	14:43	16:06	16:16	16:28
76.5	109.5		Crossroad D2566-D21	14:47	16:09	16:20	16:32
66.5	119.5	D21	LUCÉRAM (D21-D2566)	14:58	16:20	16:31	16:43
60.5	125.5	D2566	L'ESCARÈNE (D2566-D2204)	15:05	16:26	16:37	16:50
58.5	127.5	D2204	Col de Nice (BERRE-LES-ALPES)	15:07	16:28	16:39	16:52
56	130		La Garde (BLAUSASC)	15:10	16:31	16:42	16:55
53.5	132.5		La Pointe de Contes (CONTES)	15:12	16:33	16:45	16:57
52.5	133.5		La Pointe de Blausasc (BLAUSASC) (D2204-D2204 B)	15:13	16:34	16:46	16:58
51	135	D2204 B	Tunnel de la Condamine	15:15	16:36	16:47	17:00
49.5	136.5		CANTARON (near)	15:17	16:37	16:49	17:02

DISTANCE FROM NEUTRALISED TO OFFICIAL START

11km

CATEGORISED CLIMBS

- 1 Km 63.5 - Col de la Colmiane**
Climb of 16.3km at 6.3%
- 1 Km 99.5 - Col de Turini**
Climb of 14.9km at 7.4%
- 2 Km 153 - Col d'Èze**
Climb of 7.8km at 6.1%

RELAIS-ÉTAPE

La Colmiane
06420 Valdeblore
Km 63.5

ROUTE FOR NON-RACE VEHICLES

No route for non-race vehicles

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KM		STAGE 2		TIMETABLE			
To be run	Run			Caravan	41kph	39kph	37kph
47.5	138.5		Crossroad D2204 B-M2204 C	15:19	16:40	16:51	17:04
47	139	M2204 C	NICE-L'Ariane	15:19	16:40	16:52	17:04
46.5	139.5		LA TRINITÉ (M2204 C-M2204 B)	15:20	16:40	16:52	17:05
44.5	141.5	M2204 B	NICE (M2204 B-VC-M2564)	15:22	16:43	16:54	17:07
35	151	M2564	Col des Quatre Chemins	15:42	17:00	17:13	17:27
34.5	151.5		Saint-Michel	15:44	17:01	17:15	17:29
33	153		Col d'Èze (490 m)	15:49	17:05	17:19	17:34
31	155		ÈZE-Le Col (M2564-M46)	15:52	17:08	17:22	17:37
29	157	M46	ÈZE-Village (M46-M6007)	15:55	17:11	17:25	17:40
26	160	M6007	Tunnel de Saint-Michel	16:00	17:15	17:30	17:45
24.5	161.5		VILLEFRANCHE-SUR-MER	16:02	17:17	17:32	17:47
22	164		NICE (entry) (M6007-VC-M2564)	16:06	17:21	17:35	17:51
17.5	168.5	VC	NICE - 1 st finish line crossing	16:13	17:27	17:42	17:58
9	177	M2564	Col des Quatre Chemins (M2564-M33)	17:40	17:55	18:12	
8.5	177.5	M33	VILLEFRANCHE-SUR-MER (M33-M6007)	17:40	17:55	18:12	
4.5	181.5	M6007	NICE (entry) (M6007-VC)	17:46	18:01	18:18	
0	186	VC	NICE	17:52	18:08	18:25	

PARTICULAR PROFILES

COL DE LA COLMIANE

