

ITINERARY TIMETABLE

KM		STAGE 15				TIMETABLE			
To be run	Run					Caravan	40 kph	38 kph	36 kph
RHÔNE (69)									
		VC	LYON	NEUTRALISED START	10:40	12:25	12:25	12:25	
			Cross level: tramway		10:46	12:33	12:32	12:31	
			Cross level: tramway		10:53	12:39	12:38	12:38	
			BRON						
			Cross level: tramway		11:00	12:45	12:45	12:45	
			Cross level: tramway		11:04	12:49	12:49	12:49	
174.5	0		LYON	RACE START	11:05	12:50	12:50	12:50	
173.5	1		Cité Ribaud		11:06	12:51	12:51	12:51	
173	1.5		CHASSIEU (VC-D29)		11:07	12:52	12:52	12:52	
170	4.5	D29	GENAS (D29-VC-D29-D147-D606)		11:11	12:55	12:56	12:56	
161.5	13	D606	PUSIGNAN (D606-VC)		11:24	13:07	13:08	13:09	
ISÈRE (38)									
157	17.5	VC	JANNEYRIAS (VC-D124 Z-VC)		11:30	13:13	13:14	13:15	
154.5	20		Crossroad VC-D517		11:34	13:17	13:18	13:19	
152.5	22	D517	Charvieu (CHARVIEU-CHAVAGNEUX)		11:37	13:19	13:20	13:22	
151.5	23		PONT-DE-CHÉRY		11:39	13:21	13:22	13:24	
150	24.5		Les Quatre Buissons (TIGNIEU-JAMEYZIEU)		11:40	13:22	13:24	13:25	
145.5	29		Le Jonchay (SAINT-ROMAIN-DE-JALIONAS)		11:47	13:28	13:30	13:32	
144.5	30		CRÉMIEU (D517-D65 A-D517)		11:49	13:30	13:31	13:34	
141	33.5		Sigalet (DIZIMIEU) (near)		11:54	13:35	13:37	13:39	
137	37.5		Saint-Hilaire-Gare (SAINT-HILAIRE-DE-BRENS)		11:59	13:40	13:42	13:44	
135	39.5		TREPT		12:03	13:42	13:45	13:48	
131	43.5		Fayolles (SOLEYMIEU)		12:09	13:48	13:51	13:54	
130	44.5		Sablonnières (SOLEYMIEU)		12:10	13:49	13:52	13:55	
126.5	48		Chassins (ARANDON-PASSINS)		12:15	13:53	13:56	14:00	
125	49.5		Passins (ARANDON-PASSINS)		12:17	13:56	13:59	14:02	
122.5	52		MORESTEL (D517-VC-D33)		12:21	13:59	14:02	14:06	
118.5	56	D33	Le Mollard		12:27	14:05	14:08	14:12	
117.5	57		LE BOUCHAGE (entry)		12:28	14:06	14:09	14:13	
116.5	58		LE BOUCHAGE		12:30	14:07	14:11	14:15	
115	59.5		Cessenoud		12:31	14:09	14:12	14:16	
AIN (01)									
112	62.5	D10	Évieu (GROSLÉE-SAINT-BENOÎT)		12:36	14:13	14:17	14:21	
110	64.5		Les Marches (GROSLÉE-SAINT-BENOÎT) (D10-D19-D10)		12:39	14:16	14:20	14:24	
108	66.5		Cascade de Glandieu (GROSLÉE-SAINT-BENOÎT) (near)		12:42	14:18	14:22	14:27	
104.5	70		Lachat (PRÉMEYZEL)		12:47	14:23	14:28	14:32	
100.5	74		Peyzieu (ARBOYS-EN-BUGEY)		12:53	14:28	14:33	14:38	
99	75.5		Crossroad D10-D992		12:55	14:30	14:35	14:40	
95	79.5	D992	BELLEY (D992-VC-D69-D32 C)		13:01	14:36	14:41	14:46	
90.5	84	D32 C	Chazey (near) (D32 C-D1504)		13:08	14:42	14:47	14:53	
87.5	87	D1504	CHAZEY-BONS		13:12	14:46	14:51	14:57	
86.5	88		Cross level n°44		13:13	14:47	14:52	14:58	
83.5	91		Pugieu (near) (D1504-D31 J)		13:18	14:51	14:56	15:03	
80.5	94		VIRIEU-LE-GRAND (D31 J-D904)		13:22	14:55	15:01	15:07	
76	98.5	D904	ARTEMARE (D904-D31)		13:29	15:01	15:07	15:14	
73.5	101	D31	Don (VALROMEY-SUR-SÉRAN) (D31-D69)		13:33	15:05	15:11	15:18	
69.5	105	D69	Munet (ARVIÈRE-EN-VALROMEY)		13:45	15:15	15:22	15:30	
69	105.5		Assin (ARVIÈRE-EN-VALROMEY)		13:47	15:16	15:24	15:32	
68.5	106		Virieu-le-Petit (ARVIÈRE-EN-VALROMEY) (D69-D120 C)		13:48	15:17	15:25	15:33	
63.5	111	D120 C	Montée de la Selle de Fromental (1 174 m) (D120 C-D120)		14:02	15:29	15:38	15:47	
57	117.5	D120	Les Bordèzes (ARVIÈRE-EN-VALROMEY)		14:10	15:37	15:45	15:55	
54.5	120		Lochieu (ARVIÈRE-EN-VALROMEY) (D120-D69)		14:12	15:39	15:48	15:57	

DISTANCE FROM NEUTRALISED TO OFFICIAL START

7.8km

CATEGORISED CLIMBS

- 1** Km 111
Montée de la Selle de Fromental
Climb of 11.1km at 8.1%
- 1** Km 129 - Col de la Biche
Climb of 6.9km at 8.9%
- HC** Km 174.5 - Grand Colombier
Climb of 17.4km at 7.1%

RELAIS-ÉTAPE

Parking du Complexe sportif
Rue du Stade
01350 Culoz

Km 156

ROUTE FOR

NON-RACE VEHICLES

Exit via the hors course parking area (don't go onto the race route).
Travelling in the opposite direction used to access the start take Avenue Tony Garnier, Boulevard Chambaud de la Bruyère and then join the D383 (Périphérique de Lyon) at junction 16 "Porte de Gerland" heading towards Paris and Geneva. At Villeurbanne, leave the Périphérique and take the A42 towards Geneva. At Pont d'Ain, take the A40 towards Geneva. Leave the A40 at junction 10 "Bellegarde". Take the D101 towards Belley and Seyssel. At Vouvray Ochiaz, stay in the same direction on the D101 A and then the D991.

Entry point onto the race route:

Crossroads of the D991 and D123 at Gigneux, 33km from the finish line. At Culoz, follow the arrows towards the different car parks at the finish area.

Total distance: To Culoz, 150km; to the finish, 170km




RESTRICTIONS

ON THE CARAVAN

Km 106 and 174.5

Climbs of the Selle de Fromental, Col de la Biche and Grand Colombier
Narrow and twisting roads with steep gradients. Detour for vehicles of more than 3.5 tonnes at km 101.5 (Don)

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KM		STAGE 15		TIMETABLE			
To be run	Run			Caravan	40 kph	38 kph	36 kph
53	121.5	D69	Boirin (ARVIÈRE-EN-VALROMEY)	14:15	15:41	15:50	16:00
52.5	122		Brénaz (ARVIÈRE-EN-VALROMEY) (D69-D30)	14:15	15:42	15:51	16:00
51.5	123	D30	Crossroad D30-D123	14:18	15:44	15:53	16:03
45.5	129	D123	Col de la Biche (1 325 m) 	14:35	15:59	16:09	16:20
42.5	132		Croix de Famban (CORBONOD)	14:38	16:01	16:12	16:23
32.5	142		Gignez (CORBONOD) (D123-D991-D991 A)	14:48	16:12	16:23	16:33
31.5	143	D991 A	Fontaine (CORBONOD)	14:50	16:13	16:24	16:35
30	144.5		La Trille (CORBONOD)	14:51	16:15	16:26	16:36
29	145.5		Plan Léger (CORBONOD) (D991 A-D992)	14:53	16:16	16:27	16:38
28	146.5	D992	Mieugy	14:55	16:18	16:29	16:40
26	148.5		ANGLEFORT	14:57	16:20	16:31	16:42
24.5	150		Champriion	15:00	16:22	16:34	16:45
20.5	154		Châtel	15:05	16:27	16:39	16:50
18.5	156		Crossroad D992-D904	15:08	16:30	16:42	16:53
18.5	156	D904	CULOZ (D904-D120)	15:08	16:30	16:42	16:53
5	169.5	D120	La Sapette	15:45	17:01	17:16	17:30
0	174.5		GRAND COLOMBIER (1 501 m)  	15:59	17:13	17:28	17:44

PARTICULAR PROFILES

MONTÉE DE LA SELLE DE FROMENTEL > COL DE LA BICHE

