

# ITINERARY TIMETABLE

Km

KILOMETRES		TIMETABLE					
To be run	Run	STAGE 15		Caravan	43 kph	41 kph	39 kph

AVEYRON (12)								
		VC	MILLAU (VC-D992)	NEUTRALISED START	11:10	13:10	13:10	13:10
			<b>Cross level n°69</b>		11:11	13:11	13:11	13:11
		D992	CREISSELS					
<b>181.5</b>	<b>0</b>		<b>MILLAU</b>	RACE START	<b>11:20</b>	<b>13:20</b>	<b>13:20</b>	<b>13:20</b>
176.5	5		SAINT-GEORGES-DE-LUZENÇON (D992-D73)		11:27	13:27	13:27	13:27
<b>175.5</b>	<b>6</b>		<b>Cross level n°59</b>		<b>11:29</b>	<b>13:28</b>	<b>13:28</b>	<b>13:29</b>
<b>172.5</b>	<b>9</b>	<b>D73</b>	<b>Côte de Luzençon</b>		<b>11:34</b>	<b>13:33</b>	<b>13:33</b>	<b>13:34</b>
167.5	14		SAINT-ROME-DE-TARN (near) (D73-D993)		11:41	13:39	13:40	13:41
155.5	26	D993	SAINT-AFFRIQUE (D993-D999)		11:58	13:55	13:56	13:58
152	29.5	D999	Le Vern		12:04	14:00	14:01	14:04
151	30.5		VABRES-L'ABBAYE		12:05	14:01	14:03	14:05
143	38.5		Moulin Neuf (MONTLAUR)		12:17	14:12	14:14	14:17
138.5	43		Saint-Pierre-de-Rebourg (REBOURGUIL)		12:23	14:17	14:20	14:23
137	44.5		Petit Saint-Jean (REBOURGUIL) (D999-D32)		12:26	14:20	14:23	14:26
131.5	50	D32	BELMONT-SUR-RANCE		12:34	14:27	14:30	14:34
TARN (81)								
<b>117</b>	<b>64.5</b>	<b>D52</b>	<b>Col de Sié (928 m)</b>		<b>13:06</b>	<b>14:55</b>	<b>15:00</b>	<b>15:06</b>
114	67.5		Carrefour D52-D607		13:11	14:59	15:05	15:11
112.5	69	D607	La Vernède		13:12	15:01	15:06	15:12
111	70.5		LACAUNE-LES-BAINS (D607-D622)		13:15	15:03	15:08	15:15
106	75.5	D622	Sagnens		13:22	15:09	15:15	15:22
105.5	76		Rec de Nore		13:23	15:11	15:16	15:23
101	80.5		Col de la Bassine		13:29	15:16	15:22	15:29
93	88.5		Oules (FONTRIEU)		13:40	15:26	15:33	15:40
92.5	89		La Louvière (FONTRIEU)		13:41	15:27	15:34	15:41
92	89.5		Ouillats (FONTRIEU)		13:42	15:28	15:34	15:42
91	90.5		Biot (FONTRIEU)		13:43	15:29	15:36	15:43
89.5	92		Payrolle (FONTRIEU)		13:45	15:31	15:38	15:45
89.5	92		Cugnasse (FONTRIEU)		13:46	15:31	15:38	15:46
88.5	93		BRASSAC		13:47	15:32	15:39	15:47
<b>86.5</b>	<b>95</b>		<b>BRASSAC</b>		<b>13:50</b>	<b>15:35</b>	<b>15:42</b>	<b>15:50</b>
86.5	95		Amiguet (D622-D93)		13:50	15:35	15:42	15:50
83	98.5	D93	Le Buguet (LE BEZ)		13:55	15:40	15:47	15:55
81.5	100		Col de Caunan (LE BEZ)		13:57	15:42	15:49	15:57
79	102.5		Fontanelles (CAMBOUNÈS)		14:00	15:45	15:52	16:00
77.5	104		Lacombe (CAMBOUNÈS)		14:03	15:47	15:54	16:03
76.5	105		Lavopé (CAMBOUNÈS)		14:04	15:48	15:55	16:04
75.5	106		Lavalette (CAMBOUNÈS)		14:06	15:49	15:57	16:06
73.5	108		La Laurié		14:09	15:52	16:00	16:09
72.5	109		BOISSEZON		14:10	15:53	16:01	16:10
70.5	111		Pont du Grèl (near) (D93-D110)		14:13	15:56	16:04	16:13
69.5	112	D110	NOAILHAC (near)		14:14	15:57	16:05	16:14
68	113.5		Peyrrols (PAYRIN-AUGMONTEL)		14:17	15:59	16:08	16:17
66.5	115		Augmontel (PAYRIN-AUGMONTEL) (D110-D612)		14:18	16:01	16:09	16:18
63.5	118	D612	Rigautou (PONT-DE-LARN)		14:23	16:05	16:13	16:23
61	120.5		MAZAMET (D612-D118-D54) (entry)		14:26	16:08	16:17	16:26
<b>60</b>	<b>121.5</b>	<b>D118</b>	<b>MAZAMET</b>		<b>14:28</b>	<b>16:10</b>	<b>16:18</b>	<b>16:28</b>
<b>59.5</b>	<b>122</b>		<b>Cross level</b>		<b>14:28</b>	<b>16:10</b>	<b>16:19</b>	<b>16:28</b>
56.5	125	D54	Moulin de l'Oule		14:33	16:14	16:23	16:33
55.5	126		Castanouze		14:34	16:15	16:24	16:34
54	127.5		Moulin Maurel (D54-VC)		14:36	16:17	16:26	16:36
49.5	132	VC	Les Yes		14:47	16:27	16:36	16:47
48	133.5		La Métairie Haute		14:51	16:30	16:40	16:51
AUDE (11)								
<b>41.5</b>	<b>140</b>	<b>D87</b>	<b>Pic de Nore (1 205 m)</b>		<b>15:09</b>	<b>16:45</b>	<b>16:56</b>	<b>17:09</b>
36.5	145		PRADELLES-CABARDÈS (D87-D112 A-D112)		15:14	16:50	17:01	17:14
25	156.5	D112	CABRESPINE		15:26	17:01	17:13	17:26
<b>19.5</b>	<b>162</b>		<b>Rubbish collection zone</b>		<b>15:34</b>	<b>17:08</b>	<b>17:21</b>	<b>17:34</b>
18.5	163		VILLENEUVE-MINERVOIS (D112-D111-D112)		15:35	17:09	17:22	17:35
16	165.5		Carrefour D112-D620		15:39	17:13	17:25	17:39
14	167.5	D620	VILLEGLY		15:41	17:15	17:27	17:41
10	171.5		VILLALIER (D620-D101-D620)		15:47	17:21	17:33	17:47
6	175.5		Carrefour de Bezons (VILLEMOUSTAUSSOU) (D620-D118)		15:53	17:26	17:39	17:53
2.5	179	D118	CARCASSONNE (D118-VC) (entry)		15:59	17:31	17:44	17:59
<b>0</b>	<b>181.5</b>	<b>VC</b>	<b>CARCASSONNE</b>		<b>16:02</b>	<b>17:34</b>	<b>17:47</b>	<b>18:02</b>

## DISTANCE FROM NEUTRALISED TO OFFICIAL START

6km

## CATEGORISED CLIMBS

3 Km 9 - Côte de Luzençon

Climb of 3.1km at 5.9%

2 Km 64.5 - Col de Sié

Climb of 10.2km at 4.9%

7 Km 140 - Pic de Nore

Climb of 12.3km at 6.3%

## RELAIS-STAGE

Foyer municipal  
Chemin de Sainte-Anne  
11600 Villegly  
Km 167.5

## ROUTE FOR NON-RACE VEHICLES

Leave from the hors course (off-route) parking area (don't go on to the race route). Take rue André Balitrand, rue Albert Carrière, rue de la Rodé, avenue Jules Artières, boulevard Georges Brassens and then the D911 to reach junction 45 of the A75 (Millau-Nord). Take the A75 towards Montpellier and then Béziers and Barcelona. At Béziers, take the A9 towards Barcelona and Toulouse. At Narbonne, take the A61 towards Toulouse. Leave the A61 at junction 24 (Carcassonne-Est). Continue towards Carcassonne-Centre on the D6113, avenue du Général Leclerc, the Pont Neuf, avenue Arthur Mullet, square Gambetta and then boulevard Jean Jaurès.

**Entry point on to the race route:**  
Crossroads of boulevard Jean Jaurès, route Minervoise, boulevard Omer Sarraut, 1.1km from the finish line.

**Total distance:** 220km

## RESTRICTION CARAVANE

**Kms 127.5 to 140 - Pic de Nore**

Narrow and twisting climb with some steep sections. Diversion for vehicles weighing more than 3.5 tonnes