

ITINERARY TIMETABLE

Km

KILOMETRES		STAGE 12				TIMETABLE			
To be run	Run			Caravan	34 kph	32 kph	30 kph		

SAVOIE (73)									
		VC	BOURG-SAINT-AURICE (VC-D1090-N90)	NEUTRALISED START	10:10	12:10	12:10	12:10	
		N90	Bellentre (LA PLAGNE TARENTEAISE) (near)						
175.5	0		BOURG-SAINT-AURICE	RACE START	10:25	12:25	12:25	12:25	
175	0.5		Le Gothard (LA PLAGNE TARENTEAISE)		10:26	12:26	12:26	12:26	
171	4.5		Aime (AIME-LA-PLAGNE) (N90-D990-N90)		10:31	12:30	12:31	12:31	
165	10.5		Viaduc du Centron (AIME-LA-PLAGNE)		10:39	12:38	12:39	12:39	
164	11.5		Viaduc de Montgirod (AIME-LA-PLAGNE)		10:41	12:39	12:40	12:41	
163.5	12		Tunnel du Siaix (AIME-LA-PLAGNE)		10:41	12:40	12:41	12:41	
161	14.5		SAINT-MARCEL (near)		10:45	12:43	12:44	12:45	
156.5	19		MOÛTIERS (N90-D990-VC)		10:51	12:49	12:50	12:51	
154	21.5	VC	AIGUEBLANCHE (VC-D990-D94)		10:55	12:52	12:54	12:55	
153	22.5	D94	Bellecombe (D94-D97 A-D97)		10:56	12:53	12:54	12:56	
150	25.5	D97	Petit Cœur (LA LÉCHÈRE)		11:00	12:57	12:59	13:00	
148.5	27		Notre-Dame de Briançon (LA LÉCHÈRE) (D97-D213)		11:02	12:59	13:01	13:02	
139.5	36	D213	BONNEVAL-TARENTEAISE		11:28	13:21	13:24	13:28	
133.5	42		La Thuile (LA LÉCHÈRE)		11:48	13:37	13:42	13:48	
132.5	43		La Chapelle (LA LÉCHÈRE)		11:51	13:40	13:45	13:51	
131.5	44		Celliers Dessus (LA LÉCHÈRE)		11:54	13:42	13:47	13:54	
122	53.5		Col de la Madeleine (2 000 m)	FIG	12:24	14:07	14:15	14:24	
118	57.5		Les Perelles		12:28	14:11	14:19	14:28	
117	58.5		Longchamp 1650		12:29	14:12	14:20	14:29	
116	59.5		Les Longes		12:31	14:13	14:21	14:31	
114	61.5		SAINT-FRANÇOIS-LONGCHAMP		12:33	14:15	14:23	14:33	
113.5	62		L'Épalud		12:34	14:16	14:24	14:34	
112.5	63		Le Planet		12:35	14:17	14:25	14:35	
109	66.5		Colombin		12:39	14:20	14:29	14:39	
107	68.5		Maisons Puges		12:41	14:22	14:31	14:41	
106.5	69		La Côte		12:42	14:23	14:32	14:42	
104.5	71		SAINT-MARTIN-SUR-LA-CHAMBRE		12:44	14:25	14:34	14:44	
103	72.5		LA CHAMBRE		12:45	14:26	14:35	14:45	
102	73.5		SAINT-AVRE (D213-D1006)		12:47	14:28	14:36	14:47	
101	74.5	D1006	SAINT-AVRE	FIG	12:48	14:29	14:38	14:48	
96.5	79		Carrefour D1006-D74-D77 B		12:54	14:35	14:44	14:54	
96	79.5	D77 B	Pontamafrey (PONTAMAFREY-MONTPASCAL)		12:55	14:35	14:44	14:55	
93	82.5		MONTVERNIER (D77 B-D77)		13:05	14:44	14:54	15:05	
92.5	83	D77	Lacets de Montvernier (782 m)	2	13:07	14:45	14:55	15:07	
90.5	85		LE CHÂTEL		13:09	14:47	14:57	15:09	
87.5	88		HERMILLON (D77-D906)		13:12	14:50	15:00	15:12	
84.5	91	D906	SAINT-JEAN-DE-MAURIENNE (D906-D926) (entry)		13:16	14:54	15:04	15:16	
84.5	91		SAINT-JEAN-DE-MAURIENNE	5	13:16	14:54	15:04	15:16	
79.5	96	D926	Pierre-Pin Dessous (FONTCOUVERTE-LA-TOUSSUIRE)		13:30	15:06	15:17	15:30	
79	96.5		La Bettaz (FONTCOUVERTE-LA-TOUSSUIRE)		13:31	15:06	15:18	15:31	
78	97.5		Le Crêt (FONTCOUVERTE-LA-TOUSSUIRE)		13:35	15:09	15:21	15:35	
74	101.5		Charvin (FONTCOUVERTE-LA-TOUSSUIRE)		13:39	15:13	15:25	15:39	
72	103.5		Tunnel de l'Arcellaz (FONTCOUVERTE-LA-TOUSSUIRE)		13:54	15:25	15:38	15:54	
71.5	104		Tunnel de Combe Soudan (FONTCOUVERTE-LA-TOUSSUIRE)		13:55	15:26	15:39	15:55	
71.5	104		Grand tunnel (FONTCOUVERTE-LA-TOUSSUIRE)		13:56	15:27	15:40	15:56	
69.5	106		Viaduc des Sallanches (SAINT-JEAN-D'ARVES)		14:02	15:32	15:45	16:02	
65	110.5		Les Chambons (SAINT-JEAN-D'ARVES)		14:16	15:43	15:58	16:16	
63	112.5		Cluny		14:22	15:48	16:04	16:22	
63	112.5		Malcrozet Belluard		14:23	15:49	16:05	16:23	
62.5	113		SAINT-SORLIN-D'ARVES		14:24	15:50	16:06	16:24	
54.5	121		Col de la Croix de Fer (2 067 m)	FIG	14:49	16:10	16:28	16:49	
52	123.5		Col du Glandon (near)		14:52	16:13	16:31	16:52	
51.5	124		Plan du Suel (SAINT-COLOMBAN-DES-VILLARDS)		14:52	16:14	16:31	16:52	
49	126.5		Rieu Claret (SAINT-COLOMBAN-DES-VILLARDS)		14:55	16:16	16:34	16:55	
ISÈRE (38)									
45.5	130	D526	Barrage de Grand'Maison (VAUJANY)		14:59	16:20	16:38	16:59	
40	135.5		Défilé du Maupas (VAUJANY)		15:05	16:26	16:44	17:05	
37	138.5		Le Rivier d'Allemont		15:09	16:29	16:47	17:09	
33.5	142		Articol		15:13	16:33	16:51	17:13	
30	145.5		Le Verney (VAUJANY)		15:17	16:36	16:55	17:17	
28	147.5		Viaduc de l'Eau d'Olle (OZ-EN-OISANS)		15:19	16:39	16:57	17:19	
26.5	149		Barrage du Verney		15:20	16:40	16:58	17:20	
25.5	150		ALLEMONT		15:21	16:41	16:59	17:21	
22.5	153		Rochetaillée (D526-D1091)		15:26	16:45	17:04	17:26	
22	153.5	D1091	Les Sables		15:27	16:46	17:05	17:27	
18.5	157		La Paute		15:31	16:50	17:09	17:31	
16.5	159		BOURG D'OISANS (D1091-D1091 B-D211)		15:34	16:53	17:12	17:34	
14.5	161	D211	Rubbish collection zone	FIG	15:37	16:55	17:14	17:37	
13.5	162		La Ferrière		15:38	16:56	17:15	17:38	
11.5	164		LA GARDE-EN-OISANS		15:45	17:02	17:22	17:45	
10	165.5		Ribot d'en Bas		15:50	17:06	17:26	17:50	
9	166.5		Le Ribot		15:52	17:08	17:28	17:52	
5.5	170		HUEZ Village		16:02	17:16	17:37	18:02	
3	172.5		ALPE D'HUEZ (D211-VC) (entry)		16:11	17:23	17:45	18:11	
0	175.5	VC	ALPE D'HUEZ (1 850 m)	FIG	16:19	17:30	17:53	18:19	

DISTANCE FROM NEUTRALISED TO OFFICIAL START

8km

CATEGORISED CLIMBS

FIG Km 53.5 - Col de la Madeleine

Climb of 25.3km at 6.2%

2 Km 83 - Lacets de Montvernier

Climb of 3.4km at 8.2%

FIG Km 121 - Col de la Croix de Fer

Climb of 29km at 5.2%

FIG Km 175.5 - Alpe d'Huez

Climb of 13.8km at 8.1%

RELAIS-ÉTAPE

Route des Fonderies Royales

38114 Allemont

Km 150

ROUTE FOR NON-RACE VEHICLES

Exit point after 18.5km on the race route (crossroads of N90 and D990 at Moûtiers). Continue on the N90.

At Albertville (Saint-Hélène-sur-Isère autoroute toll), continue on the A430 and then the A43 towards Grenoble. Continue in this direction on the A41. Approaching Grenoble, take the N87 (rocade est de Grenoble – Grenoble's eastern ring road), then the A480 towards Briançon. Leave the A480 at junction 8 and continue towards Briançon on the N85 (via Vizille) and then the D1091.

Entry point on to the race route: Crossroads of the D1091 and D526 at Rochetaillée, 22.5km from the finish line.

Total distance: 200km

RESTRICTION FOR THE CARAVAN

Kms 79.5 to 83 - Lacets de Montvernier

Narrow and twisting climb with some steep sections. Diversion for the whole caravan at km 79 (Pontamafrey)

THURSDAY, JULY 19th / BOURG-SAINT-AURICE LES ARCS — 175.5 km — ALPE D'HUEZ

STAGE 12