

ITINERARY TIMETABLE

KILOMETRES			TIMETABLE					
To be run	Run	STAGE 5		Caravan	43 kph	41 kph	39 kph	
VOSGES (88)								
		VC	VITTEL (VC-D229-D165)	NEUTRALISED START	11:10	13:10	13:10	13:10
160.5	0	D165	VITTEL	RACE START	11:20	13:20	13:20	13:20
160	0.5		Carrefour D165-D18		11:21	13:21	13:21	13:21
157.5	3	D18	Col des Clochettes		11:24	13:24	13:24	13:24
155.5	5		THUILLIÈRES		11:27	13:26	13:26	13:27
150	10.5		RELANGES (near)		11:35	13:33	13:34	13:35
148	12.5		DARNEY (D18-D164)		11:38	13:36	13:37	13:38
144	16.5	D164	Carrefour D164-D5		11:44	13:42	13:43	13:44
143.5	17	D5	Le Parpari		11:44	13:42	13:43	13:44
142.5	18		ATTIGNY		11:46	13:44	13:45	13:46
136	24.5		CLAUDON		11:56	13:52	13:54	13:56
HAUTE-SAÔNE (70)								
129	31.5	D7	PASSAVANT-LA-ROCHÈRE		12:06	14:02	14:04	14:06
122.5	38		DEMANGEVELLE (D7-D417)		12:15	14:11	14:13	14:15
116.5	44	D417	VAUVILLERS		12:24	14:18	14:21	14:24
113.5	47		MAILLERONCOURT-SAINT-PANCRAS		12:28	14:22	14:25	14:28
106	54.5		CUVE		12:39	14:32	14:35	14:39
105	55.5		BOULIGNÉY		12:41	14:34	14:37	14:41
102.5	58		SAINT-LOUP-SUR-SEMOUSE (D417-VC-D10-D243)		12:45	14:37	14:41	14:45
96	64.5	D243	HAUTEVELLE		12:54	14:45	14:49	14:54
93.5	67		Carrefour D243-D28		12:58	14:49	14:53	14:58
90.5	70	D28	ORMOICHE		13:02	14:53	14:57	15:02
89	71.5		BREUCHES-LÈS-LUXEUIL (D28-D6)		13:04	14:55	14:59	15:04
86.5	74	D6	LUXEUIL-LES-BAINS (D6-VC-D957)		13:08	14:58	15:03	15:08
82	78.5	D957	Forêt de Luxeuil-les-Bains		13:14	15:04	15:09	15:14
78.5	82		La Gabiotte (SAINT-VALBERT)		13:20	15:09	15:14	15:20
78	82.5		Carrefour D957-D57 D		13:21	15:10	15:15	15:21
77	83.5	D57 D	FOUGEROLLES (D57 D-D18)		13:22	15:11	15:16	15:22
72.5	88	D18	Blanzey		13:28	15:17	15:22	15:28
71	89.5		Les Forges		13:31	15:19	15:25	15:31
66.5	94		RADDON-ET-CHAPENDU (D18-D6)		13:37	15:25	15:31	15:37
65	95.5	D6	AMAGE		13:40	15:27	15:33	15:40
63	97.5		SAINTE-MARIE-EN-CHANOIS		13:42	15:30	15:36	15:42
60	100.5		Breuches-lès-Faucogney (LA VOIVRE)		13:46	15:33	15:40	15:46
58.5	102		Faucogney (FAUCOGNEY-ET-LA-MER) (D6-D72-D236) (entry)		13:49	15:36	15:42	15:49
58	102.5		Faucogney		13:49	15:36	15:42	15:49
55.5	105	D236	Saphoz		13:53	15:39	15:46	15:53
53	107.5		Côte d'Esmoulières		14:00	15:46	15:53	16:00
52.5	108		ESMOULIÈRES		14:01	15:46	15:53	16:01
52	108.5		Viaux-les-Champs		14:02	15:47	15:54	16:02
51	109.5		Les Conchottes		14:03	15:48	15:55	16:03
49.5	111		La Saulotte (BEULOTTE-SAINT-LAURENT)		14:05	15:50	15:57	16:05
49.5	111		Plateau des Mille Étangs		14:05	15:50	15:57	16:05
44	116.5		Carrefour D236-D57		14:14	15:58	16:05	16:14
VOSGES (88)								
39	121.5	D57	Col des Croix (LE THILLOT) (D57-D486)		14:20	16:04	16:12	16:20
HAUTE-SAÔNE (70)								
35.5	125	D486	Haut-du-Them (HAUT-DU-THEM-CHÂTEAU-LAMBERT) (near)		14:26	16:09	16:17	16:26
33	127.5		Servance (SERVANCE-MIELLIN)		14:30	16:12	16:21	16:30
26.5	134		Ternuay (TERNUAY-MELAY-ET-SAINT-HILAIRE)		14:39	16:21	16:30	16:39
23.5	137		BELONCHAMP (D486-D97)		14:43	16:25	16:34	16:43
20.5	140	D97	Rubbish collection zone		14:47	16:28	16:37	16:47
20	140.5		Le Magny		14:48	16:29	16:38	16:48
18	142.5		FRESSE		14:51	16:32	16:41	16:51
14	146.5		Les Larmets		14:57	16:37	16:47	16:57
12.5	148		La Chevestraye		14:59	16:39	16:49	16:59
9.5	151		Le Mont (PLANCHER-BAS) (D97-D16)		15:04	16:44	16:53	17:04
8.5	152	D16	PLANCHER-LES-MINES		15:05	16:45	16:55	17:05
6	154.5		Carrefour D16-D16 E		15:09	16:48	16:58	17:09
0	160.5	D16 E	LA PLANCHE DES BELLES FILLES (1 035 m)		15:28	17:04	17:15	17:28

DISTANCE FROM NEUTRALISED TO OFFICIAL START
4.8km

CATEGORISED CLIMBS

3 Km 107.5 - Côte d'Esmoulières

Climb of 2.3km at 8%

7 Km 160.5 - La Planche des Belles Filles

Climb of 5.9km at 8.5%

RELAIS-ÉTAPE

4, rue du Tram

70270 Ternuay-Melay-et-Saint-Hilaire

Km 134

OFF-COURSE ITINERARY

After 400m on the race route, the exit point to the off-course route (crossroads of the D165/D18) will be signposted to the left.

Vehicles not accredited for the race route will continue on the D165, then the D166 from Dompain towards Épinal.

Approaching Épinal, they will take the D166 A towards Nancy/Colmar, then the N57 in direction of Colmar and then towards Vesoul. After bypassing Luxeuil-les-Bains, they will leave the N57 for the D64 heading towards Belfort.

At Lure, they will continue on the N19 towards Belfort. At the Ronchamp exit, they will take the D4 to Champagny where signs will guide them towards the assembly point car parks near the permanence and Press centre. From Champagny, shuttle buses will provide access to the finish. Vehicles that have the correct authorisation to continue on to the finish line will head towards La Planche des Belles Filles via the D4, then the D16 from Plancher-Bas, and will enter the race route adjacent to the place known as "Le Mont". The entry point (crossroads of the D16/D97) is 9.3km from the finish line.

Total Distance: 160km

CARAVAN RESTRICTION

Km 154.5 to 160.5 - La Planche des Belles Filles

Final climb with steep gradients, passage limited to vehicles of less than 3.5 tons. Diversion at km 151 at Le Mont à Plancher-Bas