

# ITINERARY TIMETABLE

KILOMETRES				TIMETABLE			
To be run	Run	STAGE 12		Caravan	38 kph	36 kph	34 kph
<b>PYRÉNÉES-ATLANTIQUES (64)</b>							
		VC	PAU <span style="float: right;">NEUTRALISED START</span>	08:45	10:55	10:55	10:55
			BIZANOS				
			IDRON (VC-D817)				
		D817	LÉE				
214.5	0		PAU <span style="float: right;">RACE START</span>	09:10	11:10	11:10	11:10
213	1.5		OUSSE (near)	09:12	11:11	11:12	11:12
210.5	4		ARTIGUELOUTAN (near)	09:16	11:15	11:15	11:16
208	6.5		NOUSTY (near)	09:19	11:18	11:19	11:19
207	7.5		SOUMOULOU	09:21	11:20	11:21	11:21
203.5	11		Haut d'Espoey (ESPOEY)	09:26	11:24	11:25	11:26
<b>HAUTES-PYRÉNÉES (65)</b>							
199.5	15		LUQUET (near)	09:32	11:30	11:31	11:32
<b>PYRÉNÉES-ATLANTIQUES (64)</b>							
195	19.5		GER (near)	09:39	11:37	11:38	11:39
<b>HAUTES-PYRÉNÉES (65)</b>							
188.5	26		IBOS (near)	09:49	11:45	11:47	11:49
186.5	28		Le Pouey	09:52	11:48	11:50	11:52
185.5	29		TARBES (D817-D935 B-VC-D215)	09:53	11:49	11:51	11:53
184.5	30	D935 B	Cross level n°162	09:55	11:51	11:53	11:55
179.5	35	D215	LALOUBÈRE	10:02	11:57	11:59	12:02
178.5	36		Carrefour D215-D92	10:03	11:59	12:01	12:03
178	36.5	D92	SOUES (D92-D8-D92)	10:04	11:59	12:02	12:04
176	38.5		BARBAZAN-DEBAT (D92-D817)	10:07	12:02	12:04	12:07
174	40.5	D817	Piétat	10:10	12:05	12:08	12:10
172.5	42		ANGOS (near)	10:12	12:07	12:09	12:12
170	44.5		MASCARAS (near)	10:16	12:10	12:13	12:16
168	46.5		LHEZ (near)	10:19	12:13	12:16	12:19
165.5	49		BORDES (near)	10:23	12:16	12:20	12:23
164	50.5		TOURNAY	10:26	12:19	12:22	12:26
161	53.5		OZON	10:30	12:22	12:26	12:30
159.5	55		LANESPÈDE	10:32	12:24	12:28	12:32
159	55.5		Cross level n°140	10:33	12:25	12:29	12:33
150.5	64		CAPVERN (D817-D211-D11-D938)	10:52	12:42	12:46	12:52
150.5	64		Côte de Capvern <span style="float: right;">4</span>	10:52	12:42	12:47	12:52
146	68.5	D938	Avezac-Gare (AVEZAC-PRAT-LAHITTE)	10:59	12:48	12:53	12:59
146	68.5		Cross level n°125.5	10:59	12:48	12:54	12:59
144.5	70		LA BARTHE-DE-NESTE	11:01	12:50	12:55	13:01
142	72.5		ESCALA	11:05	12:54	12:59	13:05
140.5	74		Les Côtes	11:08	12:56	13:02	13:08
139.5	75		TUZAGUET	11:09	12:58	13:03	13:09
137	77.5		ANÈRES (D938-D626-D26)	11:13	13:01	13:07	13:13
135	79.5	D26	NESTIER	11:16	13:04	13:10	13:16
133	81.5		MONTÉGUT	11:19	13:07	13:13	13:19
131.5	83		AVENTIGNAN	11:21	13:09	13:15	13:21
127	87.5		Les Tourelles (TIBIRAN-JAUNAC)	11:29	13:15	13:22	13:29
<b>HAUTE-GARONNE (31)</b>							
124.5	90	D26 A	SAINT-BERTRAND-DE-COMMINGES (D26 A-D26)	11:33	13:19	13:25	13:33
123.5	91	D26	VALCABRÈRE (D26-D825)	11:34	13:20	13:27	13:34
<b>HAUTES-PYRÉNÉES (65)</b>							
121.5	93	D825	LOURES-BAROUSSE (entry)	11:38	13:23	13:30	13:38
120.5	94		LOURES-BAROUSSE <span style="float: right;">5</span>	11:39	13:25	13:31	13:39
120	94.5		IZAOURT	11:40	13:25	13:32	13:40
<b>HAUTE-GARONNE (31)</b>							
119	95.5		Carrefour D825-D33 C	11:41	13:27	13:34	13:41
119	95.5	D33 C	Carrefour D33 C-N125	11:42	13:27	13:34	13:42
118.5	96	N125	LUSCAN (PRÈS) <span style="float: right;">7</span>	11:42	13:27	13:35	13:42
116	98.5		GALIÉ (near)	11:46	13:31	13:38	13:46
113	101.5		ORE (near)	11:51	13:35	13:43	13:51
112.5	102		Carrefour N125-D33 S	11:52	13:36	13:43	13:52
112	102.5	D33 S	FRONSAC (D33 S-D618)	11:52	13:37	13:44	13:52
107.5	107	D618	ANTICHAN-DE-FRONTIGNES	12:02	13:45	13:53	14:02
103	111.5		Col des Ares (797 m) <span style="float: right;">2</span>	12:14	13:55	14:04	14:14
102	112.5		Sainte-Anne	12:16	13:57	14:06	14:16
99	115.5		MONCAUP (near)	12:22	14:02	14:11	14:22
97	117.5		CAZAUNOUS (near)	12:25	14:05	14:15	14:25
94.5	120		JUZET-D'IZAUT	12:30	14:10	14:19	14:30
93	121.5		Col de Buret	12:33	14:12	14:22	14:33
91.5	123		SENGOUAGNET (near)	12:36	14:15	14:25	14:36

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**DISTANCE FROM NEUTRALISED TO OFFICIAL START**  
8.2km

## CATEGORISED CLIMBS

- 4 **Km 64 - Côte de Capvern**  
Climb of 7.7km at 3.1%
- 2 **Km 111.5 - Col des Ares**  
Climb of 7.4km at 4.6%
- 1 **Km 139.5 - Col de Menté**  
Climb of 6.9km at 8.1%
- FC **Km 184 - Port de Balès**  
Climb of 11.7km at 7.7%
- 1 **Km 209.5 - Col de Peyresourde**  
Climb of 9.7km at 7.7%
- 2 **Km 214.5 - Peyragudes**  
Climb of 2.4km to 8.4%

## RELAIS-ÉTAPE

Just beyond Garin, heading for Peyragudes  
31110 Garin  
**Km 204**

## OFF-COURSE ITINERARY

After 7km on the race route, the exit point to the non-race route (roundabout D817/Soumoulu interchange) will be indicated to the left. Vehicles not accredited for the race route will take the A64 (junction 11) towards Toulouse. They will leave the A64 at junction 16 "Lannemezan/Arreau". They will take the D939 and then the D929 towards Arreau. At La Barthe-de-Neste, they will cross the race route at the D929/D938 roundabout (this road junction will be supervised by the police, who will give priority to vehicles travelling on the race route). In Arreau, they will continue straight on the D929 ("Autres Directions/Saint-Lary"), then they will take the D919 and then the D618 towards "Luchon/Peyragudes" via Bordères/Louron. They will join the race route on the D618 beyond Loudenvielle. The entry point (crossroads D618/D619) is 2.5km from the finish line.

**Total distance:** 125km

## CARAVAN RESTRICTION

**Km 0.5** of the neutralised course - Pau, Pont Oscar  
Low bridge (3.85m). Diversion before reaching the neutralised start line

# ITINERARY TIMETABLE

KILOMETRES				TIMETABLE			
To be run	Run	STAGE 12		Caravan	38 kph	36 kph	34 kph
86.5	128		Hennemorte	12:45	14:23	14:33	14:45
86	128.5		Pont de l'Oule (D618-D85)	12:46	14:24	14:34	14:46
84	130.5	D85	Couledoux-Le Lacus	12:50	14:27	14:38	14:50
82	132.5		Carrefour D85-D44	12:54	14:31	14:42	14:54
81	133.5	D44	Ger de Boutx	12:57	14:33	14:44	14:57
80	134.5		Soulan	13:00	14:36	14:47	15:00
75	139.5		Col de Menté (1 349 m)	13:14	14:47	15:00	15:14
68.5	146		La Chapelle	13:23	14:56	15:09	15:23
68.5	146		BOUTX	13:24	14:57	15:10	15:24
65.5	149		LEZ (near)	13:28	15:01	15:14	15:28
65	149.5		SAINT-BÉAT (D44-D44 E-N125)	13:29	15:01	15:14	15:29
59.5	155	N125	CHAUM (near) (N125-D825)	13:38	15:10	15:23	15:38
58.5	156	D825	ESTÉNOS	13:39	15:11	15:24	15:39
HAUTES-PYRÉNÉES (65)							
57.5	157		SALÉCHAN	13:41	15:13	15:26	15:41
55.5	159		SIRADAN (D825-D924)	13:44	15:15	15:28	15:44
51.5	163	D924	BALESTAS	13:50	15:21	15:34	15:50
51.5	163		CAZARILH	13:50	15:21	15:34	15:50
50.5	164		MAULÉON-BAROUSSE (D924-D925)	13:52	15:23	15:36	15:52
47	167.5	D925	FERRÈRE	13:57	15:27	15:41	15:57
43.5	171		Chalets Saint-Nérée	14:02	15:32	15:46	16:02
42	172.5		Granges de Crouhens	14:04	15:34	15:48	16:04
33	181.5		Estive du Cardouet	14:33	15:58	16:14	16:33
30.5	184		Port de Balès (1 755 m)	14:41	16:05	16:21	16:41
HAUTE-GARONNE (31)							
24.5	190	D51 D	BOURG-D'OUËIL (D51 D-D51)	14:48	16:11	16:27	16:48
23	191.5	D51	CIRÈS	14:49	16:12	16:29	16:49
22.5	192		CAUBOUS	14:50	16:13	16:29	16:50
21	193.5		MAYRÈGNE	14:52	16:14	16:31	16:52
18,5	196		SAINT-PAUL-D'OUËIL	14:54	16:17	16:34	16:54
16	198.5		BENQUE-DESSOUS-ET-DESSUS (near)	14:56	16:19	16:36	16:56
15	199.5		Carrefour D51-D618	14:58	16:20	16:37	16:58
14,5	200		Rubbish collection zone	14:59	16:21	16:38	16:59
14	200.5	D618	SAINT-AVENTIN	14:59	16:21	16:38	16:59
12.5	202		CASTILLON-DE-LARBOUST (near)	15:02	16:24	16:41	17:02
12.5	202		CAZEAUX-DE-LARBOUST	15:02	16:24	16:41	17:02
11	203.5		GARIN	15:04	16:26	16:43	17:04
5	209.5		Col de Peyresourde (1 569 m)	15:15	16:36	16:54	17:15
HAUTES-PYRÉNÉES (65)							
2.5	212		La Sapinière (LOUDERVELLE) (D618-D619)	15:18	16:38	16:56	17:18
0.5	214	D619	Carrefour D619-VC	15:24	16:43	17:01	17:24
0.5	214	VC	Altport de Peyresourde-Balestas	15:24	16:43	17:02	17:24
0	214.5		PEYRAGUDES (1 580 m)	15:25	16:44	17:03	17:25