

ITINERARY TIMETABLE

KILOMETRES				TIMETABLE				
To be run	Run	STAGE 11		Caravan	45 kph	43 kph	41 kph	
DORDOGNE (24)								
		D933	EYMET	NEUTRALISED START	11:00	13:00	13:00	13:00
203.5	0		EYMET	RACE START	11:05	13:05	13:05	13:05
LOT-ET-GARONNE (47)								
196.5	7		Jacqueteau (ROUMAGNE)		11:15	13:14	13:14	13:15
196	7.5		Quartier de la Gare (SAINT-PARDOUX-ISAAC)		11:16	13:15	13:15	13:16
195	8.5		MIRAMONT-DE-GUYENNE		11:17	13:16	13:17	13:17
187.5	16		SEYCHES		11:28	13:26	13:27	13:28
177.5	26		VIRAZEIL		11:43	13:39	13:41	13:43
174.5	29		Carrefour D933-D933 M		11:47	13:43	13:45	13:47
173.5	30	D933 M	MARMANDE (D933 M-D813-D933 E1)		11:48	13:44	13:46	13:48
172.5	31	D933	Cross level n°98		11:50	13:46	13:48	13:50
170	33.5		Carrefour D933 E1-D933		11:54	13:50	13:52	13:54
169.5	34		Lanarrat		11:54	13:50	13:52	13:54
167	36.5		Pont des Sables		11:58	13:53	13:56	13:58
161.5	42		Gardiès (SAMAZAN)		12:06	14:01	14:03	14:06
157.5	46		Le Clavier (BOUGLON)		12:12	14:06	14:09	14:12
150	53.5		CASTELJALOUX (D933-D655-D933)		12:23	14:16	14:19	14:23
141.5	62		POMPOGNE		12:36	14:28	14:31	14:36
135	68.5		HOUEILLÈS		12:45	14:36	14:40	14:45
132	71.5		Plaisance		12:49	14:40	14:44	14:49
LANDES (40)								
123.5	80		LUBBON		13:02	14:52	14:57	15:02
118	85.5		Lapeyrade (LOSSE)		13:10	14:59	15:04	15:10
114.5	89		Belleuve (LOSSE)		13:15	15:03	15:09	15:15
111.5	92		ESTIGARDE		13:19	15:07	15:13	15:19
109.5	94		Carrefour D933-D11		13:22	15:10	15:16	15:22
104	99.5	D11	BETBEZER-D' ARMAGNAC		13:30	15:17	15:23	15:30
102	101.5		LABASTIDE-D' ARMAGNAC (D11-D626)		13:33	15:20	15:26	15:33
99	104.5	D626	Notre-Dame des Cyclistes		13:38	15:24	15:31	15:38
97	106.5		LABASTIDE-D' ARMAGNAC		13:41	15:27	15:34	15:41
GERS (32)								
93	110.5	D32	MONCLAR-D' ARMAGNAC (D32-D33)		13:46	15:32	15:39	15:46
90	113.5	D33	Carrefour D33-D32		13:51	15:36	15:43	15:51
86	117.5	D32	ESTANG (D32-D30)		13:56	15:41	15:48	15:56
82.5	121	D30	Carrefour D30-D32		14:01	15:46	15:53	16:01
82	121.5	D32	MAUPAS		14:03	15:47	15:54	16:03
79.5	124		MONLEZUN-D' ARMAGNAC		14:06	15:50	15:58	16:06
79	124.5		Samadet (TOUJOUSE)		14:07	15:51	15:59	16:07
75.5	128		MORMÈS		14:12	15:55	16:03	16:12
72.5	131		LE HOUGA (D32-D6-D32)		14:16	15:59	16:07	16:16
69	134.5		Carrefour D32-D2		14:22	16:04	16:12	16:22
68.5	135	D2	Lahittère		14:22	16:05	16:13	16:22
LANDES (40)								
62.5	141		AIRE-SUR-L' ADOUR (D2-D931-D834) (entry)		14:31	16:13	16:21	16:31
61	142.5		AIRE-SUR-L' ADOUR		14:33	16:15	16:23	16:33
60.5	143		Cross level n°52		14:34	16:15	16:24	16:34
58	145.5	D834	Côte d'Aire-sur-l'Adour		14:38	16:19	16:28	16:38
54	149.5		Pourrin		14:43	16:24	16:33	16:43
GERS (32)								
51	152.5		Latapie (SÉGOS)		14:48	16:28	16:38	16:48
LANDES (40)								
48.5	155		SAINT-AGNET		14:51	16:31	16:41	16:51
47	156.5		SARRON		14:54	16:33	16:43	16:54
PYRÉNÉES-ATLANTIQUES (64)								
43	160.5		GARLIN (D834-D16-D42)		15:00	16:39	16:49	17:00
38	165.5	D42	RIBARROUY (near)		15:07	16:45	16:56	17:07
33	170.5		CARRÈRE		15:14	16:52	17:02	17:14
28.5	175		SÉVIGNACQ		15:20	16:58	17:09	17:20
25	178.5		ESCOUBÈS		15:26	17:02	17:13	17:26
23	180.5		RIUPEYROUS (near)		15:29	17:06	17:17	17:29
20.5	183		Carrefour D42-D943		15:32	17:09	17:20	17:32
20	183.5		Rubbish collection zone		15:33	17:09	17:20	17:33
19.5	184	D943	SAINT-LAURENT-BRETAGNE		15:34	17:10	17:21	17:34
16	187.5		SAINT-JAMMES		15:39	17:14	17:26	17:39
14	189.5		MORLAÀS (D943-D923-D943)		15:42	17:18	17:29	17:42
11.5	192		Quartier Haute Vue		15:45	17:20	17:32	17:45
9.5	194		Quartier Berlanne		15:49	17:23	17:35	17:49
8	195.5		PAU (D943-VC) (entry)		15:51	17:26	17:38	17:51
0	203.5	VC	PAU		16:03	17:36	17:49	18:03

DISTANCE FROM NEUTRALISED TO OFFICIAL START
1.2km

CATEGORISED CLIMBS

4 Km 145.5 - Côte d'Aire-sur-l'Adour
Climb of 1.2km at 4.2%

RELAIS-ÉTAPE

Rond-point des Allées de Morlaàs
64000 Pau
Km 198.5

OFF-COURSE ITINERARY

After 39km on the race route, the exit point to the non-race route (D933, roundabout at junction 5 "Marmande-Sud" of the A62) will be indicated to the left. Vehicles not accredited for the race route will take the A62 towards Bordeaux. At Langon they will take the A65 towards Pau. They will continue in this direction on the A64, which they will leave at junction 10. They will head towards "Pau-Centre" via allée Catherine de Bourbon and then allée Condorcet, where they will rejoin the race route. The re-entry point (rond-point de la Commune de Paris at the crossroads of allée Condorcet/boulevard Tourasse/avenue de l'Université) is 2.3km from the finish line.

Total distance: 240km